

# North Carolina Heat Report

## July 12-18, 2020



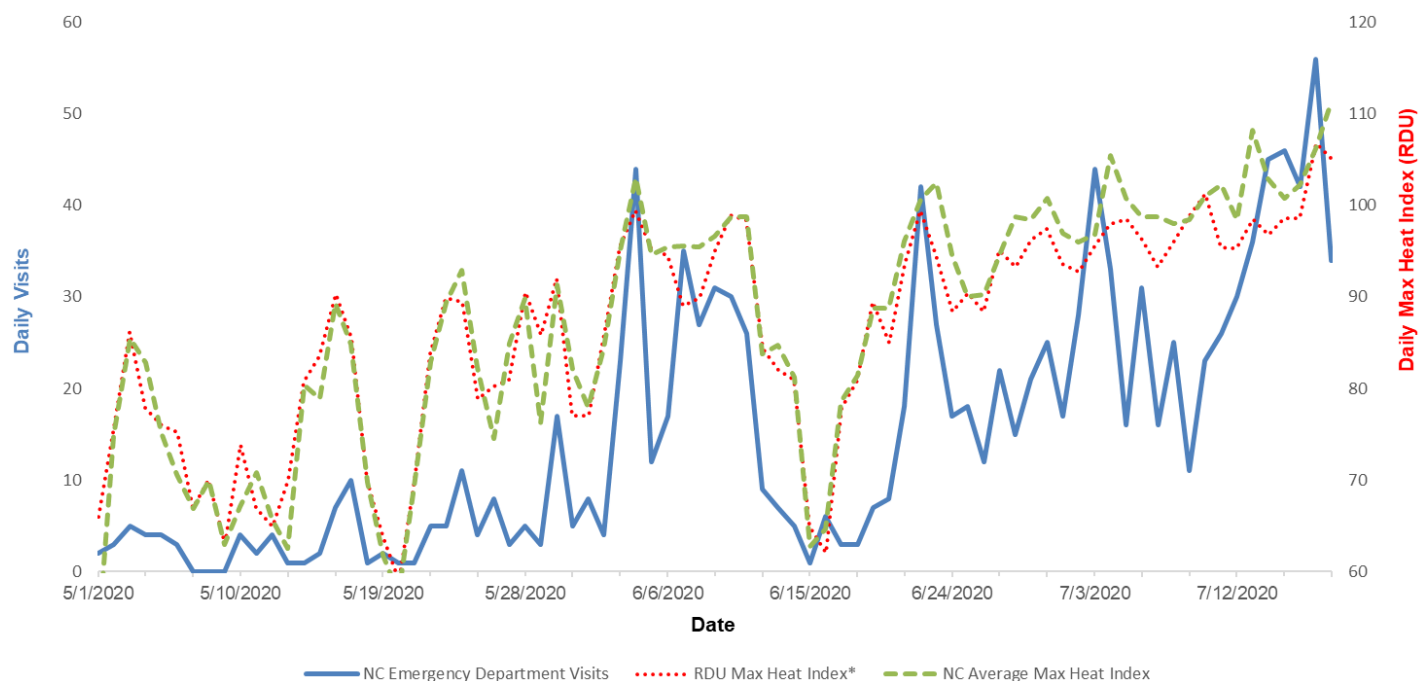
### **This Week**

- ☀ Daily maximum heat indices ranged from 95°F to 107°F (median = 96°F) at Raleigh-Durham International Airport (RDU)
- ☀ 289 emergency department visits for heat-related illness were observed (Figure 1)
  - ☀ 79% of visits were for males, mostly 25-44 year olds (Table 1)
  - ☀ The most frequent heat related diagnosis code was Heat Exhaustion (Table 2)
  - ☀ Most visits were seen in hospitals in the Coast (47%) and Piedmont (46%) regions
  - ☀ 14% of visits were seen in hospitals in the Sandhills sub-region<sup>1</sup>
- ☀ This week the proportion of emergency department visits for heat-related illness was 0.35%, similar to historical average (Figure 2)

### **Season to Date (July 2020)**

- ☀ 1,205 emergency department visits for heat-related illness have been identified (Figure 1)
- ☀ Common activities preceding illness are working outdoors and recreation

**Figure 1 Emergency Department Visits for Heat-Related Illness and Maximum Heat Index -- North Carolina, May 1-July 18, 2020**



Source: NC DETECT Data and State Climate Office at NC State University  
 Max Heat Index is for Raleigh-Durham International Airport (RDU). NC Average Max Heat Index is for emergency department visit location.

<sup>1</sup>The Sandhills sub-region is comprised of the following counties from the Piedmont and Coastal regions: Bladen, Cumberland, Harnett, Hoke, Lee, Montgomery, Moore, Richmond, Robeson, and Scotland.

**Table 1.** Visits by sex and age group - July 12-18, 2020

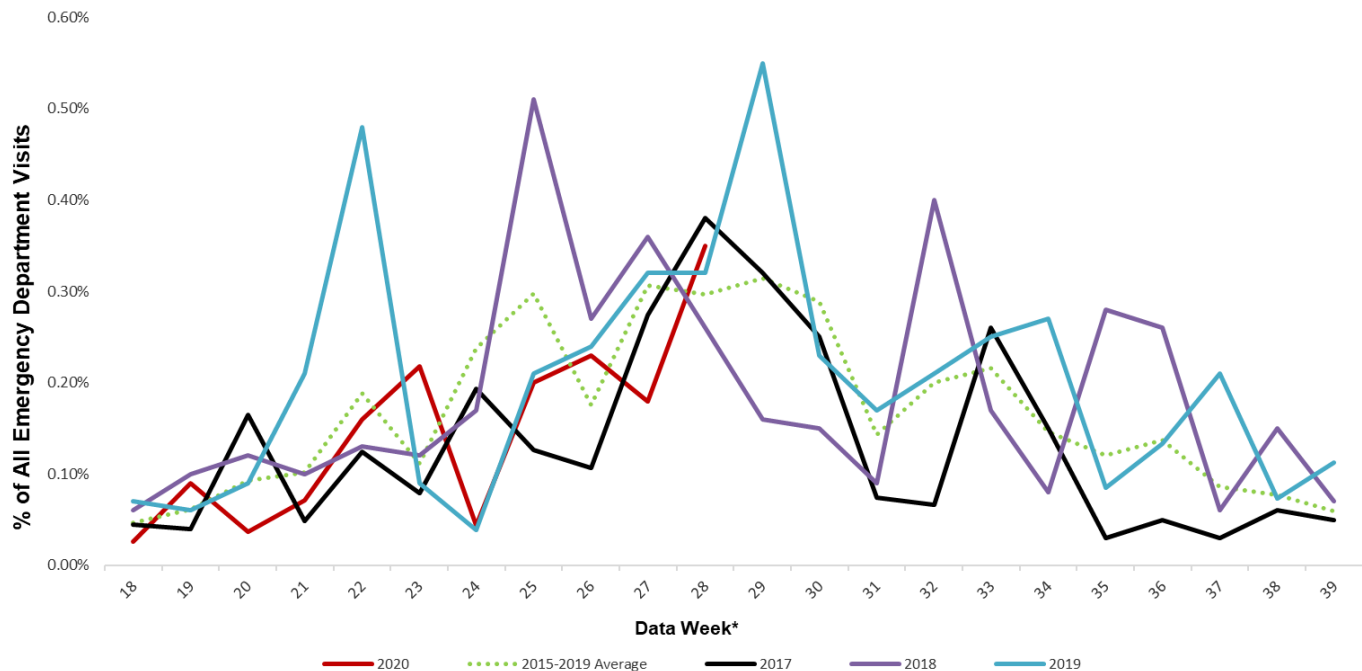
	N=289*	(%)†
<b>Sex</b>		
Male	229	(79)
Female	60	(21)
<b>Age</b>		
0-14	4	(1)
15-18	8	(3)
19-24	30	(10)
25-44	106	(37)
45-64	85	(29)
65+	56	(19)

\*n may vary from weekly total visits † may not total 100 due to rounding ‡ missing severity data = 119 § definitions of heat related illness categories <https://www.cdc.gov/niosh/topics/heatstress/heatrelatedillness.html> || other effects include heat fatigue, heat edema, other effects of heat and light, and other effects unspecified

**Table 2.** Visits by severity – July 12 - 18, 2020

	N=170‡	(%)†
<b>Severity§</b>		
Heat Cramps	9	(5)
Heat Syncope	13	(8)
Heat Exhaustion	108	(64)
Other Effects	40	(24)

**Figure 2. Percent of Total Emergency Department Visits for Heat-Related Illness -- North Carolina, 2020 Compared to Historical Average**



\*Data begins 05/02/2015 to 2020 reporting period. Week ending dates may vary by a few days for earlier years. For data week definitions see <https://www.cdc.gov/nndss/downloads.html>. Hospitals transitioned from the ICD-9-CM diagnosis code standard to ICD-10-CM in 2015. This transition may impact the number of emergency department visits with a heat related illness diagnosis. Source: NC DETECT

NOTE: Emergency department visit records and maximum heat indices were obtained from NC DETECT and the State Climate Office at NC State University, respectively. Heat-related illness is captured through a near real-time keyword search for 'heat', 'hot', 'hyperthermia', 'heat cramp', 'heat exhaustion', 'heat stroke', and 'sun stroke' in chief complaint or triage notes of emergency department records or a diagnosis code for heat-related illness. These figures present an estimate of the number of emergency department visits for heat-related illness. Please contact [lauren.thie@dhhs.nc.gov](mailto:lauren.thie@dhhs.nc.gov) for more information.

Disclaimer: The North Carolina Disease Event Tracking and Epidemiologic Collection Tool (NC DETECT) is an advanced, statewide public health surveillance system. NC DETECT is funded with federal funds by North Carolina Division of Public Health (NC DPH), Public Health Emergency Preparedness Grant (PHEP), and managed through a collaboration between NC DPH and the University of North Carolina at Chapel Hill Department of Emergency Medicine's Carolina Center for Health Informatics (UNC CCHI). The NC DETECT Data Oversight Committee does not take responsibility for the scientific validity or accuracy of methodology, results, statistical analyses, or conclusions presented. The NC DETECT Data Oversight Committee (DOC) includes representatives from the NC DPH, UNC NC DETECT Team and NC Hospital Association.